

What is claimed is:

1. A medicament dosage unit comprising a beta-adrenergic blocker and a platelet inhibitor.
2. The dosage unit of Claim 1 wherein said dosage unit is formulated as a once-a-day dosage unit.
3. The dosage unit of Claim 1 wherein said platelet inhibitor is aspirin.
4. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is atenolol.
5. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is propranolol.
6. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is timolol.
7. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is metoprolol.
8. The dosage unit of Claim 1 further comprising one or more of folic acid, vitamin B6 and vitamin B12.

9. A method of treating cardiovascular disease said method comprising  
formulating a single dosage unit comprising a beta-adrenergic blocking agent  
and a platelet inhibitor.

5 10. The method of Claim 9 further comprising indicating the use of said dosage unit  
for treating cardiovascular disease.

11. The method of Claim 9 further comprising providing instructions for  
administering said single dosage unit.

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12. The method of Claim 9 wherein said formulating step further includes  
formulating said single dosage unit with one or more of folic acid, vitamin B6  
and vitamin B12.

15 13. The method of Claim 9 wherein said formulating step further includes  
formulating said single dosage unit as a once-a-day dosage unit.